

AMERICAN SPECIALTY HEALTH FITNESS, INC.
ATTACHMENT G - ASH CLIENT LIST
Effective 1/1/2017

Client allows members to access fitness centers nationally unless otherwise indicated.
The following ASH Fitness Clients are currently eligible as noted below:

Client Name	Effective Date	Member Access Area	S&F	A&F	ERP	Fitness Coach	Affinity
1 Advantra (a Coventry Health Care Plan) (AR)	1/1/2012	National					X
2 Aetna	1/1/2013	National	X				X
3 Allegian Health Plan (TX)**	1/1/2016	National	X				
4 Alliance HealthCard of Florida, Inc. (Alliance)	3/30/2005	National					X
- Benefits Plus (Rent-A-Center)	6/01/2007						X
- CVS	3/30/2005						X
- Good Neighbor	3/30/2005						X
- Melaleuca	3/30/2005						X
5 Altius Advantra (a Coventry Health Care Plan)	1/1/2015	National	X				
6 American Specialty Health (Employees Only)**	1/1/2014	National		X			
7 AmeriHealth	3/30/2005	National					X
8 AmeriHealth Administrators	3/30/2005	National					X
9 Anthem Blue Cross (CA)	1/1/2006	National			X		X
	7/1/2012						
10 Anthem Blue Cross Blue Shield (CO, CT, IN, KY, ME, MO, NH, NV, OH, VA, WI)	3/30/2005	National			X		X
11 Arkansas BlueCross BlueShield (Medicare Supplement)**	1/1/2016	National	X				
12 AvMed Health Plan	2/1/2015	National					X
13 Baptist Health Plan formally known as Bluegrass Family Health (KY)	1/1/2016	National	X				
14 Bayer and B Well**	4/1/2016	National		X			
15 BlueCross BlueShield of Arizona	1/1/2009	National					X
	1/1/2014		X				
16 BlueCross BlueShield of Louisiana (See HMO Louisiana Blue Advantage(HMO))	1/1/2016	National	X				
17 Blue Cross Blue Shield Georgia	1/1/2006	National					X
	10/1/2012				X		
18 Blue Cross Blue Shield Minnesota Medicare Advantage)	3/30/2005	National					X
	1/1/2014		X				
19 Blue Cross Blue Shield Minnesota (Medicare Supplement)	1/1/2016	National	X				
20 Blue Cross and Blue Shield of Montana	1/1/2014	National	X				

AMERICAN SPECIALTY HEALTH FITNESS, INC.
ATTACHMENT G - ASH CLIENT LIST
Effective 1/1/2017

Client allows members to access fitness centers nationally unless otherwise indicated.
The following ASH Fitness Clients are currently eligible as noted below:

Client Name	Effective Date	Member Access Area	S&F	A&F	ERP	Fitness Coach	Affinity
21 Blue Cross and Blue Shield of South Carolina	1/1/2011	National					X
- BlueChoice Health Plan	1/1/2011						X
- Natural Blue	1/1/2011						X
- Preferred Personal Care	1/1/2011						X
- Freedom Network Select	1/1/2011						X
- State Health Plan	1/1/2011						X
- Preferred Blue	1/1/2011						X
22 Blue Cross and Blue Shield of North Carolina**	6/1/2015	National	X				
23 Blue Cross Blue Shield of Wisconsin	8/1/2007	National					X
24 Blue Cross of Idaho**	1/1/2008	National					X
	1/1/2014	National	X				
25 Brand New Day (CA)**	1/1/2016	National	X	X			
26 Capital Blue Cross (PA)	1/1/2012	National	X				
27 Care N' Care (TX)	1/1/2016	National	X				
28 Careington International	7/1/2006	National					X
29 CareSource	1/1/2017	National	X	X**			
30 ChooseHealthy	7/1/2008	National					X
31 Cigna-HealthSpring	1/1/2015	National	X				
	9/1/2016	National				X	
32 Cigna (Includes all HMO Subsidiaries)	4/1/2011	National					X
- Cigna Behavioral Health	4/1/2011	National					X
- Cigna Healthy Rewards	4/1/2011	National					X
33 Cigna Medicare Supplement Solutions **	6/1/2015	National	X				
34 Cigna Total Choice Medicare Supplement	10/1/2015	National	X				
35 Coventry Health Care of Iowa, Inc.	1/1/2010	National	X				
36 Elderplan (NY)	1/1/2011	National	X				X
37 EmblemHealth, Inc.	1/1/2010	National			X		
38 Empire Blue Cross							
Empire HealthChoice, Inc. d/b/a Empire BlueCross							
BlueShield							
- Empire HealthChoice Assurance, Inc.	1/1/2007	National			X		X
- Empire HealthChoice HMO, Inc.	1/1/2007	National			X		X
- Empire BlueCross BlueShield HealthPlus	1/1/2016	National			X		
39 Excellus BlueCross BlueShield (NY)**	1/1/2012	National	X				
	1/1/2014	National			X		
40 Exercise Rewards	1/1/2009	National					X
41 Geisinger Health Plan	4/1/2008	National					X
42 Group Health Incorporated (GHI) (An EmblemHealth plan)	1/1/2010	National					X
43 HMO Louisiana Blue Advantage (HMO)	1/1/2016	National	X				
44 HMSA (HI)**	1/1/2014	National		X			

AMERICAN SPECIALTY HEALTH FITNESS, INC.
ATTACHMENT G - ASH CLIENT LIST
Effective 1/1/2017

Client allows members to access fitness centers nationally unless otherwise indicated.
The following ASH Fitness Clients are currently eligible as noted below:

Client Name	Effective Date	Member Access Area	S&F	A&F	ERP	Fitness Coach	Affinity
45 Harbor Health Plan (MI)**	1/1/2016	National	X				
46 Hawaii Mainland Administrators**	9/1/2016	National		X			
47 HealthLink	1/1/2007	National					X
48 HealthPartners (MN)	1/1/2012	National	X				
49 Health America Pennsylvania (HAPA) (a Coventry Health Care Plan)	1/1/2010	National	X				
50 HealthTeam Advantage (NC)	1/1/2016	National	X				
51 HealthFirst of New York	1/1/2014	National			X*		
52 Health Net (CA)	1/1/2016	National	X				
53 Health Net (AZ, CA, OR)	3/30/2005	National					X
54 Healthyroads Collection	3/30/2005	National			X*		X
55 HeartlandPlains Health, Inc. (NE)	1/1/2015	National	X				
56 HeartlandPlains Health, Inc. (NE) (Med Supp)	1/1/2016	National	X				
57 HIP Health Plan of New York (An EmblemHealth plan)	1/1/2010	National					X
58 Inter-County Health Plan, Inc.	10/1/2008	National					X
59 Inter Valley Health Plan	1/1/2009	National	X				
60 Johns Hopkins HealthCare (MD)	1/1/2016	National	X				
61 Kaiser Permanente Federal Employee (CO)**	4/1/2005	National					X
	1/1/2016	National		X			
62 Kaiser Permanente Hawaii**	3/30/2005	National	X	X			X
63 Kaiser Permanente Mid-Atlantic	3/30/2005	National					X
64 Kaiser Permanente of Georgia	10/1/2005	National					X
65 Kaiser Permanente of Northern & Southern California	9/1/2005	National					X
- Advantage Plus	1/1/2016	National					
					X		
66 Kaiser Permanente of the Northwest (OR, WA)	1/1/2010	National	X				X
67 MVP Health Care	1/1/2009	National					X
68 MedStar	1/1/2014	National	X				
69 Memorial Hermann (TX)	1/1/2016	National	X				
70 MODA Health	1/1/2013	National	X				
71 New West Medicare**	1/1/2013	National	X				
72 Optima Health	1/1/2014	National	X				
73 PacificSource Health Plans (ID/OR)**	1/1/2016	National	X				
74 Phoenix Health Plan (AZ)**	1/1/2016	National	X				
75 PrimeTime Choices (OH)	9/1/2016	National	X				
76 PrimeTime Health (OH)	1/1/2015	National	X				
77 Priority Health (MI)	1/1/2012	National	X				
	1/1/2016	National			X		
78 Prominence HP (NV, TX)	1/1/2016	National	X				

AMERICAN SPECIALTY HEALTH FITNESS, INC.
ATTACHMENT G - ASH CLIENT LIST
Effective 1/1/2017

Client allows members to access fitness centers nationally unless otherwise indicated.
The following ASH Fitness Clients are currently eligible as noted below:

Client Name	Effective Date	Member Access Area	S&F	A&F	ERP	Fitness Coach	Affinity
79 Providence Health Assurance (OR/WA)	1/1/2009	National					X
	1/1/2015		X				
80 QualChoice Advantage (CHI) (AR)	1/1/2016	National	X				
81 QualChoice Advantage (CHI) MediQ65 (Med Supp)	1/1/2016	National	X				
82 RiverLink Health, Inc. (OH)	1/1/2015	National	X				
83 RiverLink Health of Kentucky, Inc. (KY)	1/1/2015	National	X				
84 Rocky Mountain Health Plan (CO)**	3/30/2005	National					X
	1/1/2016	National	X				
85 Rodale employees	1/1/2007	National					X
86 Scott & White Health Plan (TX)	1/1/2015	National	X				
87 Select Health	1/1/2009	National					X
88 Sharp Health Plan	1/1/2009	National					X
	6/1/2015	National	X				
89 Soundpath Health (WA)	1/1/2016	National	X				
90 Southern Health Services, Inc.	3/30/2005	National					X
91 Sterling Insurance Company (WA)	1/1/2010	National					X
	10/1/2014	National	X				
92 TexanPlus	1/1/2017	National	X				
93 USAA (TX)**	10/1/2016	National	X				
94 UNICARE	1/1/2006	National					X
95 Univera Healthcare (NY)	1/1/2012	National	X				
	1/1/2014	National			X		
96 University Health Alliance (UHA) (HI)**	3/1/2016	National		X			
97 University of Pittsburgh Medical Center Health Plan (UPMC)	1/1/2007	National					X
	1/1/2013	National		X**			
	1/1/2015	National	X				
98 WPS (Wisconsin Physician Services)	1/1/2017	National	X				
99 WVU Healthcare	1/1/2012	National					X

X* You are required to send utilization reports to ASH for members of this health plan. Please verify eligibility on all members of this health plan via ASHLink or by contacting ASH to confirm the member has agreed to allow your fitness center to submit utilization on their behalf.

X** Members must pay an Annual Member Fee in order to access a fitness center. This fee is listed on the Member's Fitness Card, but you must contact ASH Fitness via ASHLink to verify Member eligibility and the Annual Member fee amount. The health plan or employer group's benefits may be on a calendar year or benefit year. The Member's effective and end date will be listed on the Member's Silver&Fit or Active&Fit Fitness Card.